

15. List of Treatments and Services where evidence based interventions apply

15.1 National Evidence Based Interventions - Category 1 Interventions which are not be routinely commissioned or offered

Speciality	Ref	Procedure	Commissioning Position	Evidence Base	Process
ENT	A	Snoring Surgery (in the absence of Obstructive Sleep Apnoea (OSA))	Not routinely commissioned	National Evidence Based Interventions Policy https://www.england.nhs.uk/wp-content/uploads/2018/11/ebi-statutory-guidance.pdf	Exceptionality can be applied for via a clinical letter to the IFR panel.
Gynaecology	B	Dilation and curettage (D&C) for heavy menstrual bleeding (HMB) in women			
Orthopaedics	C	Knee arthroscopy for patients with osteoarthritis			
Orthopaedics	D	Injection for non-specific low back pain			



15.3 Local Evidence Based Interventions - Not Routinely Commissioned

Intervention	Commissioning Position	Evidence Base	Process
Acupuncture	Not Routinely Commissioned except for chronic tension type headaches and migraine	NICE Guideline NG59 https://www.nice.org.uk/guidance/ng59 NICE CKS – Migraine https://cks.nice.org.uk/migraine CG 150 Headaches in over 12s – Diagnosis and Management https://www.nice.org.uk/guidance/cg150/chapter/recommendations	Refer through IFR for exceptionalty
Vasectomy under General Anaesthetic	Not Routinely Commissioned Needle phobia is no longer an exception for this procedure	NHS Choices https://www.nhs.uk/conditions/contraception/vasectomy-male-sterilisation/	Refer to local service in community. Refer through IFR for exceptionalty

