



Recommendations on the use of Certain SSRIs in particular Clinical settings

		Breast feeding	Pregnancy	Diabetic	-Post MI -Heart failure	Post stroke depression	warfarin
S S R I	Sertraline	√ (according to NICE)		√	√	√	
	Fluoxetine		√ (greatest safety profile in pregnancy)	√		√	
	Citalopram  (max dose 20 mg in elderly)  -Contraindication inpatients taking tricyclics antipsychotics or other QTc lengthening drugs.						√ ( least interaction)

Warning: All SSRI can increase rate of GI bleeds when given with aspirin /NSAIDS. Hence administer gastro-protection in older people taking aspirin / NSAIDS

## 2<sup>nd</sup> line antidepressants and important side effects

		Side Effect
NaSSA	Mirtazapine	Weight gain Sedation Blood dyscrasias
SNRI	Venlafaxine  Duloxetine	Excessive sweating  Increased/ variation in blood pressure. monitor BP.
Tricyclics	Amitriptyline  Imipramine Clomipramine	Arrhythmias Hypotension Tachycardia Elongated QTC