

# MR RIGHT

## A Non Abusive Man:

Is cheerful

**Consistent**

Supportive

**Tell you you look good**

Tells you your competent

**Uses your name**

Trusts you

**Trusts your judgement**

Welcomes your family and friends

**Encourages you to be independent**

Supports your learning, career etc.

**Admits to being wrong**

Is a responsible parent

**Is an equal parent**

Does his share of the housework

**Accepts that you have a right to say "no" to sex**

Shares financial responsibility

**Takes responsibility for his own well-being and happiness**

In short.....

**Behaves like a reasonable human being.**



# MR WRONG

## An Abusive Man:

Shouts

**Sulks**

Smashes things

**Glares**

Calls you names

**Makes you feel ugly and useless**

Cuts you off from your friends

**Stops you working**

Never admits he is wrong

**Blames you, drugs, drink, stress etc**

Turns the children against you

**Uses the children to control you**

Never does his share of the housework

**Never looks after the children**

Expects sex on demand

**Controls money**

Threatens or wheedles you to get his own way

**Seduces your friends / sister / anyone**

Expects you to be responsible for his well-being

