BMBC Early Start & Families Service

Council service which includes the following areas of work:

- Borough wide co-ordination/monitoring of Early Help assessments
- Provision of Early help services through Family Centres via targeted and universal services in communities (see booklet)
- Support and training to schools and the childcare sector
- Single point of contact for the public and professionals via free phone telephone 08000 345 340, email
- Co-ordinate Family Services Directory (online directory of services for families)

Co-ordination of Early help assessments

- •From 14th March 2016 the Early Start & Families Service are responsible for co-ordinating and monitoring all Early Help Assessments (EHA) undertaken by all professionals within the Children's Workforce
- Increased accountability within the workforce to provide evidence of action and progress against outcomes for the children and family
- •See process flow cart in your Early Help booklet if you feel a family would benefit form early help services

Early Help through family centres

- •Provider of Early Help services through a network of Family Centres (5 main, 5 linked, 8 outreach sites)
- •What is early help?
- early help is everybody's responsibility
- •What is a family centre?
- Levels of support universal, targeted, specialist
- How to access early help services through family centres

8 page booklet details this in your pack

Universal groups

- Support from conception to 19 (25 with a disability)
- Having a Baby
- Now I Am workshops
- Peer support
- Access to Funded early education for 2,3 and 4 year olds within the sector
- Baby Massage
- Baby Yoga
- Busy Feet
- Transition to school
- Heartstart training

Targeted services

- Available as targeted group or on a one to one basis via family Support Workers deployed across localities and delivered as focused interventions against an action plan
- Solihull Parenting approach
- Webster Stratton
- Pram to Primary
- Targeted groups for children with specific disabilities
- Access to debt advice via Citizens Advice Bureau
- Access to housing support
- •Journey to work routes into training and employment

Specialist Services

- May refer into other specialist services such as BESST, Pathways, Ed Psych etc
- This includes referral into Social Care front door where children are at risk of significant harm
- Clear relationship between Social Care and Family Centres(Early Help) – step up and step down

Developing new services

- •From 1.4.16 moved form 0-5 yrs to 0-19 (25 with a disability)
- •Entering a new phase and developing a broader age range of services from Family Centres.
- •Targeted Youth Service already providing services 11+, therefore our focus is on expanding service provision 5-11 years to provide an integrated offer across the expanded age range
- •Initial consultation with schools has identified emotional wellbeing and mental health as the key concern in relation to primary age children.
- Now I Am programme will be developed up the age range for key age ranges
- •Developing relationships with new partners e.g. EWO, schools, school nurses

Delivering support to the Early Years Sector

- Training provided through Quality improvement programme to nurseries, schools, childminders etc
- Recent and up coming training has focused on mental health and wellbeing:
 - Understanding 2 year olds, emotional norms and associated separation anxiety (Feb 2016)
 - -Understanding and supporting the impact of anxiety and trauma in early years and its impact on physical and mental development (21st May 2016)
 - -Annual SEN and Disability Information Day (9th June 2016)

-Shhhhhhh

Families Information Service

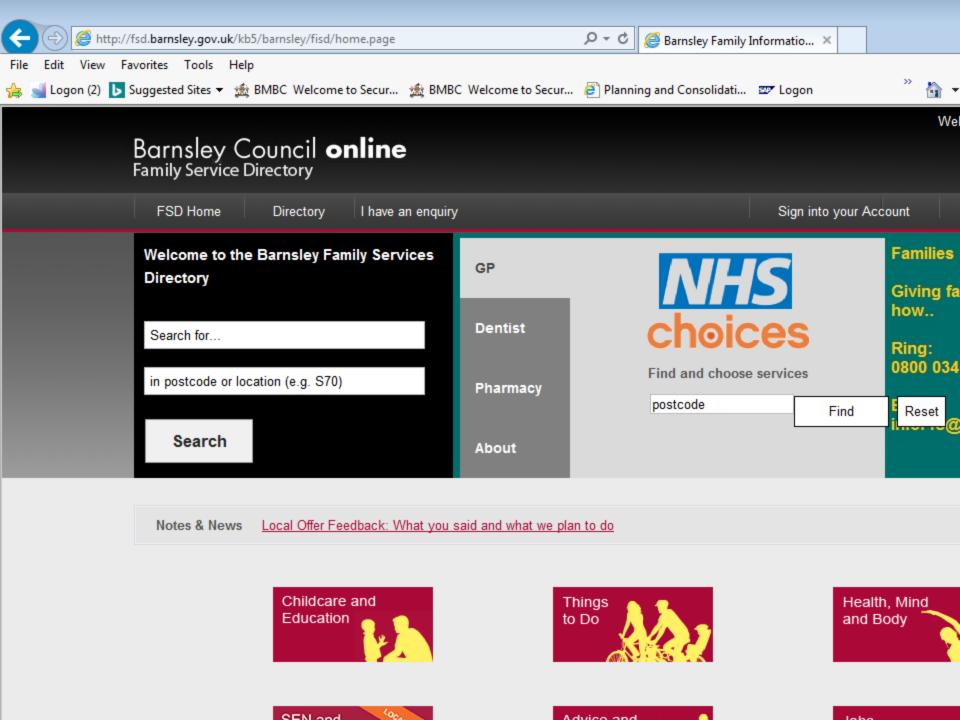
Under section 12 of the Childcare Act 2006, we have a legal duty to provide information, advice and guidance to:

- Parents to be
- Parents and carers of children aged 0-19 (or up to 25 if the child has a disability)
- Professionals supporting families and children
- Via Frontline telephone service, emails, and an online family services directory
- Enquiries range from simple to complex and may range from signposting to a self help service to meet social isolation through to referral to specialist organisations for self harm

The Families Information Service is not just about Childcare, we have a much wider brief to give advice, guidance and signpost to a number of services. We now also have to meet the information duty for disabled children.

Examples of enquiries FIS this year

- Teenage self harming
- Under 5yrs Transgender (support group being established through VAB as a result)
- Families seeking support when family members are threatening suicide
- Adult & Teenage drug and alcohol misuse
- Adults seeking information about voluntary sector support projects
- Support to young carers/kinship carers where parents have mental health challenges



Families Information Service

- Together for Mental Wellbeing (Barnsley Mental Wellbeing Services)
- Mental Health Services in Barnsley
- BLINK Barnsley Mental Health Helpline
- MIND (Barnsley)
- Making Space Mental Health Carer Support Services
- Insanity Cafe and Bistro
- Voice Ability
- CAMHS Children Adolescent Mental Health Service
- Substance Misuse Team
- Family Action (Barnsley)
- Barnsley MBC Educational, Child and Community Psychology Service
- Early Intervention Team (Care Services Direct)
- Windmills of the Minds (Counselling/Wellbeing Service)
- Samaritans
- Behaviour Support: Springwell School
- Uplift Feeling Low, Help is at Hand
- Ambient Space
- BIADS
- Barnsley Beacon

Families Information Service How can you access information?

- By freephone: 0800 0345 340
- By email: <u>infoFIS@barnsley.gov.uk</u>
- Barnsley Council Website: www.barnsley.gov.uk
- Family Services Directory
 http://fsd.barnsley.gov.uk (no www)

We can help by promoting any specialist services you are delivering in the local community too.

https://www.barnsley.gov.uk/services/childreneducation-and-families/childcare-nurseries-andfamily-support/family-centres/

