

Guidance notes for the completion of the DUST

NB: The DUST is a screening tool only: completing this form can help you decide whether an assessment from specialist services is needed. The information is also designed to help any specialist service you may make a referral to. Once you have completed the tool, please add up the points from each section to assist you in deciding which service(s) are most appropriate to refer to. This form cannot replace your own judgment or that of the person you are working with.

Although many young people will try drugs at some time, most do not progress beyond experimentation. Research indicates that many factors can increase the risk of a young person moving from 'drug use' to drug misuse', however, some protective factors can reduce these risks. Unless you are a specialist drug worker it can be difficult to distinguish between 'use' and 'misuse'. This tool should help to accurately assess these risk factors.

To complete this form you do not need a comprehensive knowledge of drugs & alcohol but you may need to know how to contact Barnsley YP Substance Misuse Service, please see below. Barnsley YP Substance Misuse Service will be able to provide appropriate information, leaflets and guidance. DUST is designed for use with young people about whom there may be concerns regarding drug/alcohol use.

- It will not provide a comprehensive or specialist substance use assessment.
- It will indicate when specialist advice should be sought.
- It will help identify risk factors

Defining the terms

Drug	The term 'drug' is used to refer to any psychoactive substance, including legal and illegal substances, illicit prescription drugs and volatile substances (e.g., solvents).
Substance	Young people's drug use is often linked together with alcohol use. Drugs and alcohol together are collectively termed substances.
Drug/alcohol use	The consumption of drugs/alcohol by a young person. When the term use is contrasted with 'misuse', 'use' means the consumption of a drug that does not cause any perceptible immediate harm – even though it may carry some risk of harm.
Drug/alcohol misuse	Use of a drug or combination of substances, that harms health or social functioning – either dependent use (physical or psychological) or use that is part of a wider spectrum of problematic or harmful behaviour.
Vulnerable group	Young people are at increased risk of drug misuse if they belong to certain groups and this risk increases if there is membership of more than one group
Protective factors	Increase a young person's resilience to the development of drug misuse problems.
Risk factors	Increase the likelihood that drug misuse will occur.

Protective Factors	Risk Factors		
	1. Belonging to a 'vulnerable' group	2. Social and cultural factors	3. Interpersonal and individual risk factors
Positive temperament Intellectual ability Supportive family environment Social support system Caring relationship with at least one adult In education / employment / training	Young offenders Looked after children Mental health problems School non-attendees Substance misuse by parents/carers Abuse within the family Homelessness Parents/carers with mental health problems	High levels of neighbourhood crime High levels of poverty and decay Easy drug availability Areas where there is widespread social acceptance of drug abuse Lack of perception of the risks from drugs	Physiological and psychological factors Family dysfunction Behavioural difficulties Academic problems Association with peers who use drugs Early onset of drug or alcohol use

Barnsley TYS Substance Misuse Service Service

Reducing drug and alcohol use by young people, particularly the most vulnerable, is central to Barnsley's Health and Wellbeing and Community Safety Strategies as well as a key local and national Public Health Outcome.

DUST Appendix

Section 1 – Drug/alcohol use

If a young person scores less than 4 in this area, please provide the young person with some information and advice around drug or alcohol use. If there is a score of 5-6, please consider seeking advice from Barnsley YP Substance Misuse Service and make a referral if appropriate. If a young person scores over 7 in this area, this would usually prompt a referral into Barnsley YP Substance Misuse Service.

Service	Service Provided	Address	Contact Information
Barnsley YP Substance Misuse Service	Young Persons Drug and Alcohol Service	BMBC, 18 Regent Street, Barnsley, South Yorkshire S70 2HG	T: 01226 705980

Section 2 – Social situation/behaviour and Section 3 – General and Psychological health

If a young person scores highly in either of these sections, or you have particular concerns, please refer to appropriate young person support agency(s) below, and follow their referral procedures. It is recommended that you also follow Early Help procedures.

In an emergency, consider calling 999 or attendance at A&E.

Local Service	Service Provided	Address	Contact Information
SHARP – Barnsley	Sexual Health & GUM	Gateway Clinic, Sackville St, Barnsley S70 2RD	T: 01226 970 012
Pathways Family Support Centre	Support for those who have experienced domestic abuse	33-35 Peel Parade Barnsley S70 2RN	T: 01226 731 812
Barnsley Beacon	Support service for carers / parents affected by drug and alcohol use	19 Doncaster Road Barnsley S70 1TH	T: 01226 814 012
Childrens Services / Childrens social care	Child protection concerns	Various	T: 01226 772 423 Out of hours: 08449 841 800 Emergency: 01142 202 020
IKIC – I Know I Can	Employment, training and education advice for young people	Temperance House, Pitt St Barnsley S70 1AL	T: 01226 773 774
Housing Advice	Support regarding accommodation and emergency shelters	Wellington House, Wellington Street Barnsley, S70 1WA	T: 01226 773 870 Out of hours: 08449 841 800
CAMHS	Mental Health Services for children & young people	Various	T: 01226 644 829
Barnardos	Young Carers service	Priory Family Centre Barnsley S71 5PN	T: 01226 770 619

Support Agencies	
Childline – 0800 1111	Pathways helpline – 01226 249800
Family Lives – 0808 800 2222	Police non-emergency – 101
FRANK – 0800 77 66 00	Mind – 0300 123 3393
Samaritans – 08457 90 90 90	Young Minds – 0808 802 5544
Shelter – 0808 800 4444	NHS Health non-emergency – 111
www.iknowican.co.uk	