

Tonsillectomy – Prior Approval Through IFR

Speciality	Procedure	Criteria for treatment	Evidence Base	Process	Date of review
ENT	Tonsillectomy	<p>The CCG will only fund tonsillectomy when one or more of the following criteria have been met:</p> <ul style="list-style-type: none"> • Recurrent attacks of tonsillitis as defined by: <ul style="list-style-type: none"> - Sore throats are due to acute tonsillitis which is disabling and prevents normal functioning AND - 7 or more well documented, clinically significant *, adequately treated episodes in the preceding year OR - 5 or more such episodes in each of the preceding 2 years OR - 3 or more such episodes in each of the preceding 3 years • Two or more episodes of Quinsy (peritonsillar abscess) • Severe halitosis secondary to tonsillar crypt debris • Failure to thrive secondary to difficulty swallowing caused by enlarged tonsils • Sleep disordered breathing or obstructive sleep apnoea diagnosed by an overnight pulse oximetry or polysomnography • Biopsy/removal of lesion on tonsil <p>* A Clinically significant episode is characterised by at least one of the following:</p> <ul style="list-style-type: none"> ○ Oral temperature of at least 38.30C requiring antibiotic treatment ○ Tender anterior cervical lymph nodes. ○ Tonsillar exudates. 	<p>Burton MJ, Glasziou PP. Tonsillectomy or adenotonsillectomy versus non-surgical treatment for chronic/recurrent acute tonsillitis. <i>Cochrane Database of Systematic Reviews</i> 1999, Issue 3. Art. No.: CD001802. First published online: July 26 1999. Available from: http://www.cochrane.org/reviews/en/ab001802.html (accessed 2016)</p> <p>Paradise JL, Bluestone CD, Bachman RZ. Efficacy of tonsillectomy for recurrent throat infection in severely affected children. Results of parallel randomized and non-randomized clinical trials. <i>N England J Med</i> 1984;310(11):674-83</p> <p>SIGN. Management of sore throat and indications for tonsillectomy. A National clinical Guideline. April 2010 http://www.sign.ac.uk/pdf/sign117.pdf (accessed 2016)</p>	<p>Barnsley CCG require prior approval through IFR for this procedure</p>	<p>Dec 2018</p>