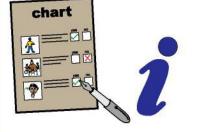






You have an appointment with your GP for an **Annual Health Check** 



Bring any monitoring charts you have such as: Seizure charts Bowel charts Medication sheets Any other relevant information



Ask someone who knows you well to accompany you to the appointment

get checked out