

Primary care follow up of women with Gestational Diabetes Mellitus in postnatal period

Women who have had gestational diabetes have a 1 in 3 chance of developing T2 diabetes in the following 5 years

- Offer **fasting plasma glucose** at 6 weeks postnatal check (ideally this should be done before 13 weeks)
- Or after 13 weeks - offer **HbA1c** or **Fasting plasma glucose**
- (do not routinely carry out OGTT)

Interpretation of Fasting plasma glucose / HbA1c results

