

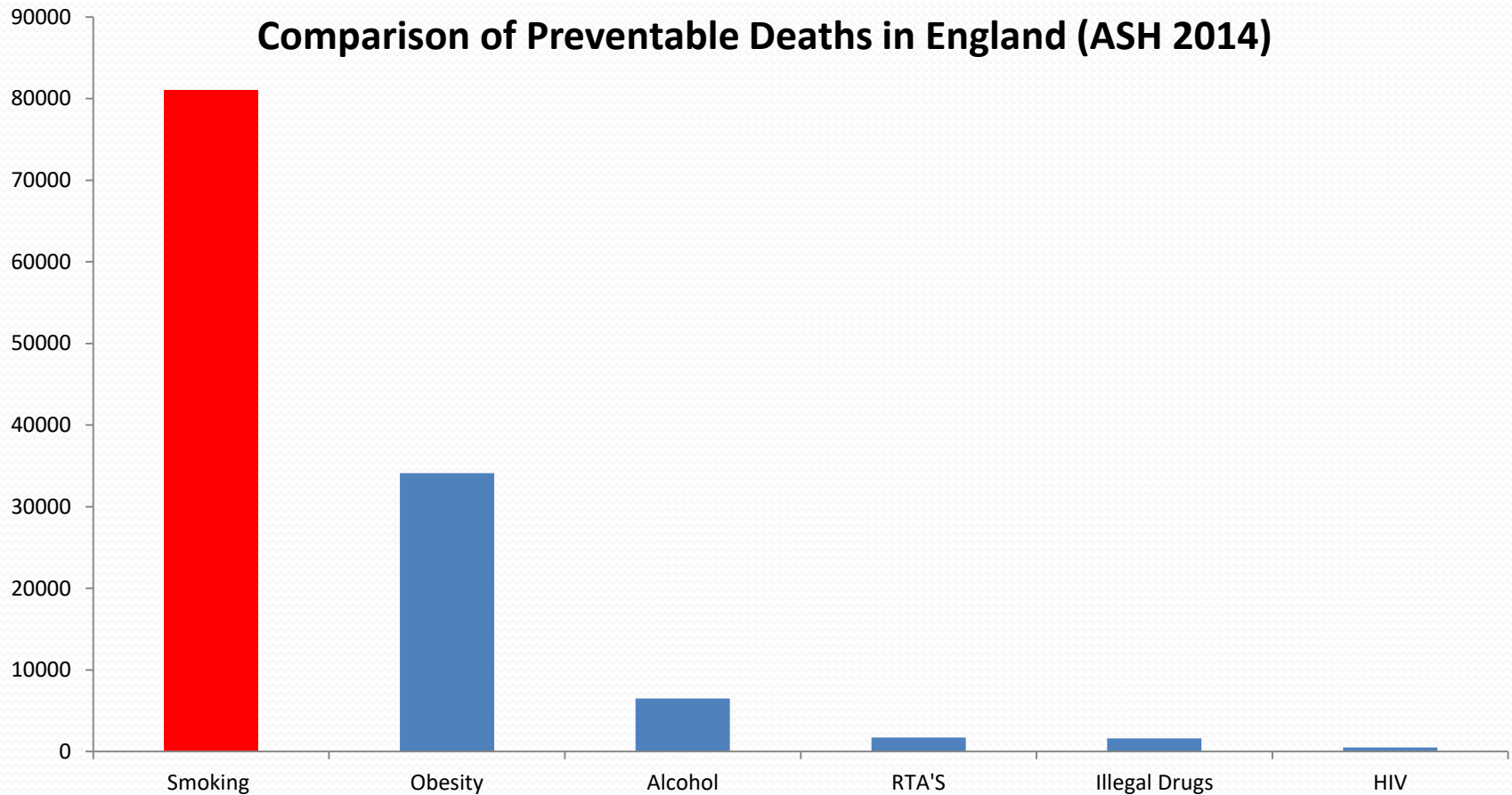


Yorkshire
Smokefree Service

Yorkshire Smokefree Service Update November 2018

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Service Manager

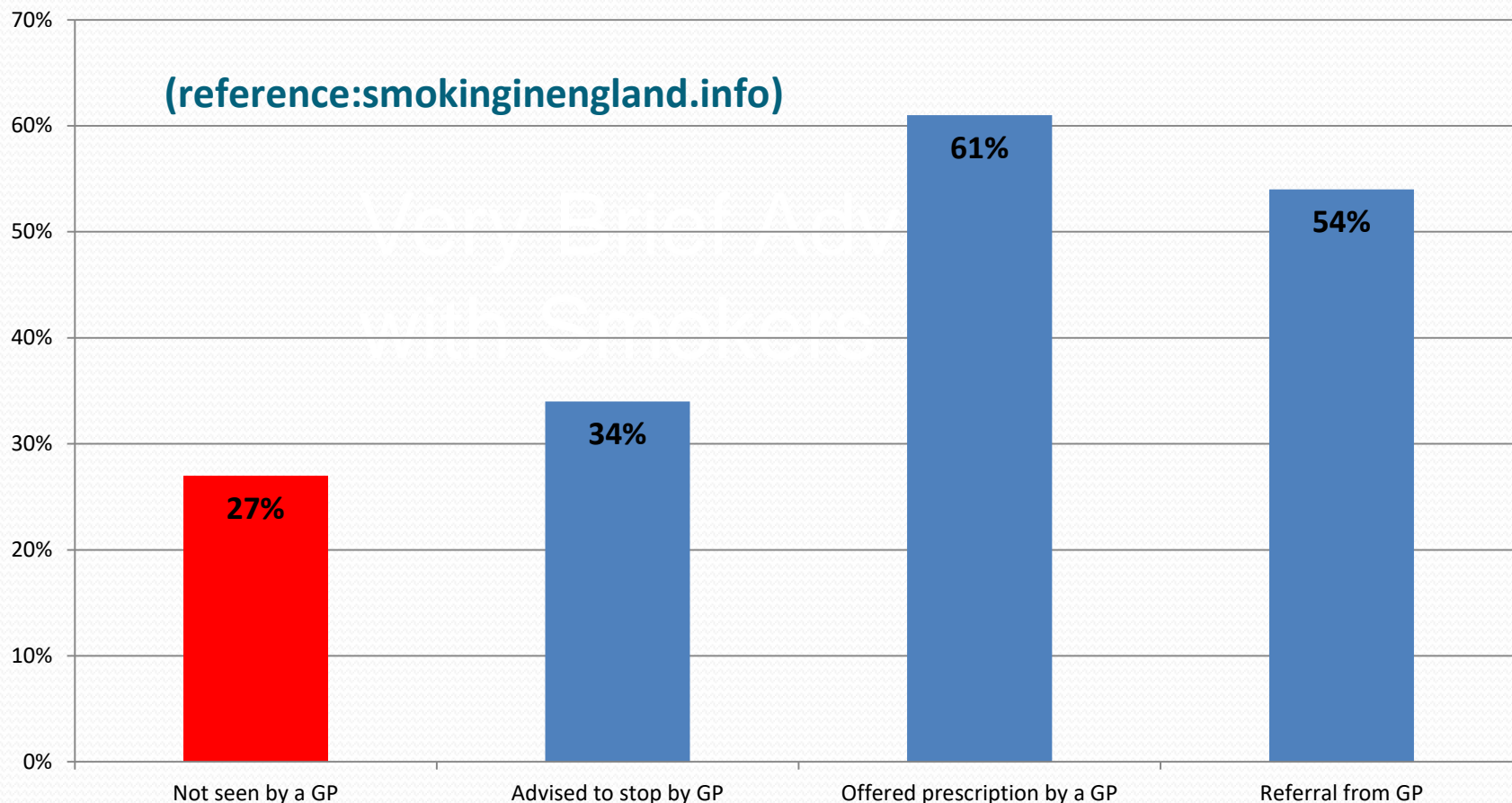
Why smoking cessation?



Service Update

- Service out to tender in Spring 2019, new service in place by end October 2019
- YSF will issue subcontractor contact termination notices in June/July
- Revised website that includes an interactive quit programme, quitter forum and live chat facility
- Opened YSF stall in refurbished Barnsley Market
- YSF link worker for each pharmacy (SCIP)
- Health Harms campaign January 2019
- **NRT and Champix voucher schemes are now FREE to clients for up to 12 weeks**

Percentage of smokers who made a quit attempt in the last year (%)



What works?

- Offering support works



- Advising patients to stop, doesn't

Very brief advice model (AAA) – 30 seconds can save a life

- **Ask and record smoking status:** smoker/ ex-smoker/ non-smoker
- **Advise patients:** ‘the best way to quit is with support and medication which are both available on the NHS’
- **Act on patient’s response:** if the patient is interested refer to Yorkshire Smokefree alternatively offer medication alone if client does not want to attend

How to refer

- Telephone 0800 612 0011 or 0330 660 1166
- Email: swy-tr.YorkshireSmokeFreeAdmin@.nhs.net
- Alternatively issue a YSF contact card/leaflet
- Refer into your LCS
- Online (clients only), search: Yorkshire Smokefree
- Would a referral form help?

NCSCT Very Brief Advice training

Available at:

<http://www.ncsct.co.uk/>



What We Offer

- ✓ Adults and young people, separate service for pregnant women
- ✓ Evidence based support
- ✓ Face to Face (group and one to one)
- ✓ Telephone support (day and evening)
- ✓ Online support
- ✓ Out of hours sessions
- ✓ Drop in stall in Barnsley Market
- ✓ **FREE** NRT and Champix via a voucher/PGD
- ✓ Carbon Monoxide monitoring
- ✓ Support for e-cig users
- ✓ Support for the LCS and VBA

Smoking Cessation in Practice (SCIP): a systems based approach

- Research has highlighted the importance of ensuring systems are in place to deliver stop smoking support (including VBA).
- The Task Force on Community Preventive Services strongly recommended that provider education should be combined with system improvement (training alone will not improve performance).

Reference - Independent Task Force on Community Preventive Services: Guide to Community Preventive Services. www.thecommunityguide.org/tobacco. Updated 2003.

SCIP

1. Senior level commitment
2. Incentives
3. Protocol
4. Teamwork
5. Training
6. Environment
7. Resources
8. Therapies
9. Local NHS stop smoking service
10. Feedback



**Smoking
can cause
a slow
and painful
death**