

Pulmonary Rehabilitation Service Referral Form

(Post migration to INTS S1 unit version Nov 22)



**South West
Yorkshire Partnership**
NHS Foundation Trust

Date of referral.....

| | |
|-------------------------------|-------------------|
| <u>PATIENT DETAILS</u> | Address: |
| Name: | |
| D.O.B: | Post Code: |
| NHS Number: | Tel. No: |

| | | | |
|---------------------------|--------------|---------------------|-----------------|
| <u>REFERRED BY</u> | Name: | Designation: | Tel. No: |
|---------------------------|--------------|---------------------|-----------------|

INCLUSION CRITERIA (please tick to confirm eligibility, failure to tick points 1 to 3 will result in the referral being declined)

- 1) Patients with a confirmed respiratory diagnosis who are functionally disabled by breathlessness.
 Or
 Patients who have recently had an exacerbation of COPD requiring a hospital admission.
- 2) Patients must be physically able to exercise and committed to attend and complete the programme.
- 3) Patient must be aged 18+ and registered to a Barnsley GP practice and / or resident within the Barnsley geographical area.

EXCLUSION CRITERIA

- Unstable cardiac condition i.e. Angina. Severe Aortic Valve Stenosis or following a recent cardiac event that occurred in the past 8 weeks.
- Abdominal aortic aneurysm (AAA) graded >5.
- Severely impaired cognitive function.

REASON FOR REFERRAL (Please tick the primary reason for referral):

Diagnosis (please tick): COPD Emphysema Bronchitis

Other Respiratory Diagnosis: Interstitial Lung Disease Bronchiectasis Covid

Other (please list below):

Details of Any Ongoing Investigations:

PAST MEDICAL HISTORY:

| MRC Grade (Circle as appropriate) | Medical Research Council Dyspnoea Score Chart (MRC) |
|--------------------------------------|--|
| 1 | Not troubled by breathlessness except on strenuous exercise |
| 2 | Short of breath when hurrying or walking up a slight hill |
| 3 | Walks slower than contemporaries on level ground because of breathlessness, or has to stop for breath when walking at own pace |
| 4 | Stops for breath after walking about 100m or after a few minutes on level ground |
| 5 | Too breathless to leave the house, or breathless when dressing or undressing |

E-mail completed referrals to: rightcarebarnsleyintegratedspa@swyt.nhs.uk

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