



Clinical
Trials
Research
Unit.

Multiple Symptoms Study 3

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Multiple Symptoms Study 3 is a large randomised controlled trial to test the effectiveness of the Symptoms Clinic. The clinic is for people with persistent physical symptoms and is delivered by extended-role GPs. It has gone through development and appears acceptable to patients. The trial is testing how well it works.

Symptoms clinics are now being delivered **remotely** by our trained GPs. This means patients can take part without having to travel to appointments across town.

“I wish this had been available when I was first diagnosed. It would have saved me a lot of pain, both physically and mentally... ..being really listened to in the way the symptoms clinic offers would really have helped.”

Can your practice help our study?

We have now recruited patients from over 45 practices in Sheffield, Gateshead, Doncaster and Pennine, including several that have not been involved in research before. We are still looking for more.

Recruiting involves:

- running a computer search (provided by the research team),
- checking the names from the search (averages around 6/1000 of your list) and posting out pre-packed invitation letters
- sending reminder letters 3 weeks later

GP Practices told us that the searches are straightforward to run and they identify patients who are appropriate for invitation

- We will pay you £285 to cover the activities involved.
- We know everyone is stretched at this time, but this is a patient group for whom other services are particularly limited at the moment.

Contact us!

Mail multiple.symptoms.study3@sheffield.ac.uk or phone Cara Mooney on 0114 222 4308